

16th RUSSIAN ROGAINING CHAMPIONSHIPS

August 24-25, 2019, Sverdlovsk region

BULLETIN NO. 1

1. General provisions

Russian Rogaining Championships will be held in 24h format in accordance with the Russian Rules of Rogaining and the International Rules of Rogaining.

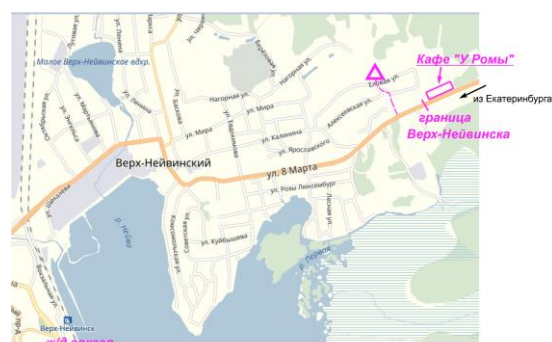
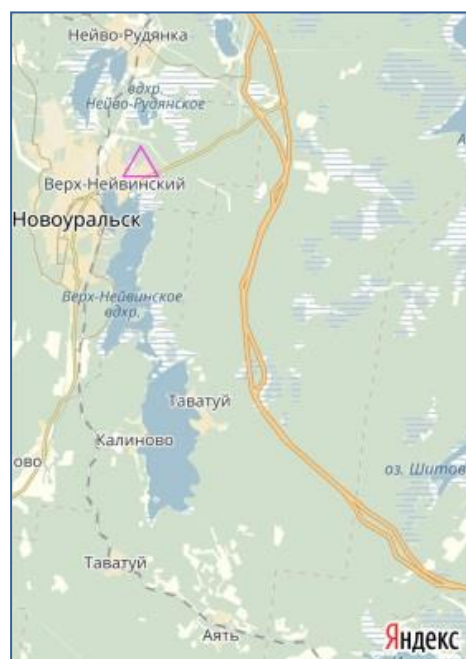
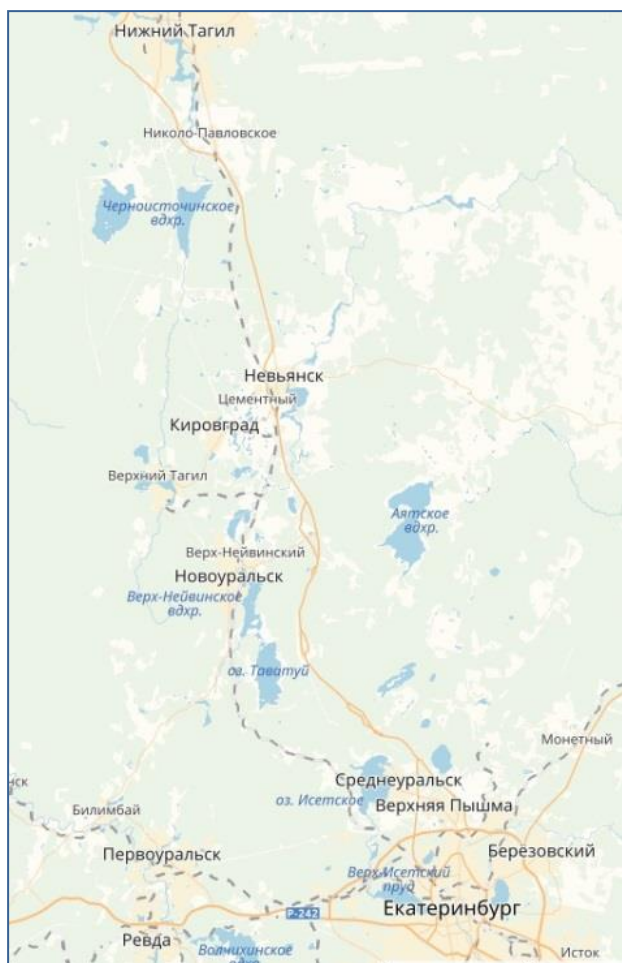
Side rogaines of shorter duration (4 h and 8 h) will be held simultaneously.

The event official web: <https://rogaining-ural.ru>.



2. Time and venue

The rogaine will be held on August 24-25, 2019 in Sverdlovsk region in the neighborhood of Novouralsk and Verkh-Neyvinsk towns. The event center and hash house will be located at the ski lodge of Verkh-Neyvinsky settlement.



Event area and competition center location.

3. Getting there

1. **From Ekaterinburg** by bus #605 (Ekaterinburg - Novouralsk) from Severny bus station <https://avtovokzal-ekb.ru/>. Get off the bus after the bus enters Verkh-Neyvinsk, about 300m after 'U Romy' café; then walk about 300 m to the ski lodge.
2. **From Ekaterinburg and Nizhny Tagil** by train to Verkh-Neyvinsk station <http://www.svrpk.ru/schedule/>. Then take local bus or taxi to the route terminal of Verkh-Neyvinsk (about 5 km) and walk about 500 m to the ski lodge.
3. **By personal vehicles to the competition center.**

4. Accommodation

Two options are available:

- 1) Tent camp in the competition center. Campfires strictly forbidden.
- 2) Hotel at Verkh-Neyvinsk train station or rented apartments in of Verkh-Neyvinsky settlement.

5. Terrain

Overview:

The competition area is moderately hilly terrain with distinct dome-shaped landforms. There are numerous pieces of rocky ground and cliffs of up to 22 m height. Water features include plenty of marshes and streams, Verkh-Neyvinsky pond and lake Tavatuy. There is a moderate network of paths and roads, rides and cuttings of different age and passability.

Competition area:

about 210 sq. km

Competition area boundaries:

From east: 65K-4103000 motor road (Ekaterinburg - Serov)

From south: Tavatuy village

From west: lake Tavatuy, Verkh-Neyvinsky reservoir, Ekaterinburg - Nizhny Tagil railway

From north: river Neyva swampy area

Detailed terrain description:

Elevation:

Minimum elevation – 240 m

Maximum elevation – 420 m

Type of terrain:

From moderately hilly to rugged terrain

Maximum drop: 130 m

Difference between the highest and lowest terrain points: 180 m

Forestry area:

Forestry area constitutes about 85% of the competition area:

70% coniferous forest, 30% - leafy forest

Prevailing species of wood:

birch, pine, spruce, cedar, aspen, larch; alder, bird-cherry in wet areas.

Wild animals:

fox, hare, moose

Water features:

streams, marshes and swamps of different passability, lakes

Network of roads and paths:

there is a moderate network of forest tracks, paths and rides.

Hazardous areas:

Motor roads to Neyvo-Rudyanka, Verkh-Neyvinsky, youth camps on lake Tavatuy. All participants shall be very careful and make certain there are no vehicles while crossing motor roads; participants are required to keep to the roadside while travelling along motor roads and obey traffic regulations.

6. Competition map

Scale: 1:25000.

Contour interval: 5 meters

Fieldwork and drawing by Nikolay Bondar

7. Weather and climate

Average daytime temperature in late August is +21°C; absolute maximum temperature +32°C; average nighttime temperature +11°C, absolute minimum temperature 0°C. Probability of rain.

8. Competition categories and participants

Teams of 2 to 5 participants aged 16 years or above are eligible for participation in the Russian Rogaining championships.

Legend	Category	Participants
MO	Men's Open	Men, no age restriction
WO	Women's Open	Women, no age restriction
XO	Mixed Open	At least one man and one woman, no age restriction
MY	Men's Youth	Men, all must be under 23 years of age
WY	Women's Youth	Women, all must be under 23 years of age
XY	Mixed Youth	At least one man and one woman, all must be under 23 years of age
MV	Men's Veteran	Men, all must be 40 years of age or over
WV	Women's Veteran	Women, all must be 40 years of age or over
XV	Mixed Veteran	At least one man and one woman, all must be 40 years of age or over
MSV	Men's Super Veteran	Men, all must be 55 years of age or over
WSV	Women's Super Veteran	Women, all must be 55 years of age or over
XSV	Mixed Super Veteran	At least one man and one woman, all must be 55 years of age or over
MUV	Men's Ultra Veteran	Men, all must be 65 years of age or over
WUV	Women's Ultra Veteran	Women, all must be 65 years of age or over
XUV	Mixed Ultra Veteran	At least one man and one woman, all must be 65 years of age or over

Each team gets places in each category for which it is eligible according to participants' age and gender.

Participant's age is determined on the first day of competition (August 24, 2019).

Each team shall include at least one participant aged 18 years or above.

Each competitor is responsible for his/her state of health and confirms this by signing indemnity form. Adult coaches or team representatives are responsible for the state of health of underage competitors and confirm this by signing indemnity form. Underage participants shall present at registration written consents for participation signed by their official representatives.

Each participant shall possess and present at registration policy of medical insurance.

9. Punching system

SportIdent electronic punching system will be used.

Each participant shall have his/her individual SI chip during the rogaine. Participants are allowed to use their own chips of sufficient capacity (please check the table below for appropriate models) or may rent a chip from organizers. Please specify your demand in SI chip during on-line registration.

Appropriate SI chips models

24 hours	SI-Card6, SI-Card10, SI-Card11
8 hours	SI-Card6, SI-Card8, SI-Card9, SI-Card10, SI-Card11
4 hours	SI-Card5, SI-Card6, SI-Card8, SI-Card9, SI-Card10, SI-Card11

SI cards are to be securely attached to competitors' wrists with special wristbands to prevent separation of team members and to verify visiting checkpoints.

The wristbands are made of durable material, which will not stretch and cannot be damaged accidentally. Probability of involuntary wrist tear is extremely unlikely however it is advised to take care to prevent its damage.

The wristbands are included in participants' start packages. Competitors themselves attach their SI chips to their wrists with the wristbands.

It is strictly forbidden to tape wristbands or fasten them with any means.

Event organizers will be verifying that each participant's SI chip is properly attached to his/her wrist with the wristband as well as integrity when a participant enters start area and after finish.

In order to record visiting a checkpoint each participant shall insert the SI chip into the port of the SI station, wait for the SI station sound and light signals and pull out the SI chip. SI chip memory is limited and therefore participants shall only record visiting each checkpoint once; otherwise SI chip memory may not be enough to store all the records.

All team members shall record a visit to a checkpoint within a predefined time limit of 2 minutes. In case this requirement is not satisfied, the team does not gain points for that checkpoint. Participants are advised to check and wait for teammates being slow.

In case any team member's wristband is damaged or SI chip is lost such team shall be disqualified.

Participants shall take good care of rented SI chips and prevent them from being lost. 2000 rubles surcharge is applicable in case rented SI chip is lost.

In case of withdrawal please return rented SI chips to event organizers.

All lost SI chips numbers are entered in a tracing data base and such chips cannot be used at any events.

10. Registration

All participants shall get informed of the potential hazards related to participation in rogaine, measures to be taken to prevent these and actions to be taken in case of accidents. After this, all participants shall sign indemnity forms and return them to the organizers. Adult coaches or team representatives responsible for underage participants shall sign indemnity forms instead of them.

A member of each team shall present the signed indemnity form, proof of entry fee payment and policies of medical insurance for all team members at registration at the event center.

11. Start and finish

All teams shall enter start area with bib numbers attached and SI chips securely fastened to competitors' wrists with special wristbands for pre-start inspection. While entering start area each competitor shall punch CLEAR and then CHECK SI station.

Members of finishing teams shall punch FINISH station and then proceed to SI chips readout. Finish is closed 30 minutes after the time limit runs out.

Results of all teams returning after finish is closed is recorded as LATE.

12. Results and winners

A team's score shall be the value of the checkpoints visited and correctly verified in accordance with the Rules of rogaining and special conditions indicated in the present Bulletin, less any penalties. Teams finishing late after the time limit expires will be penalised at the rate of 1 point per minute or part thereof.

The team finish time is the latest time recorded by any team member at the finish.

The team with the greatest score, or in the event of a tie the team that finished earlier, shall be awarded the higher placing.

The championships jury will draw its decision in case of any dispute.

13. Catering during the rogaine

Food service will be provided in the event center. Hot meals will be available in the base camp. Stations with drinking water and hot tea will be arranged on the course.

14. Medical aid

Medical aid post will be on duty in the event center. In case any team member gets an injury all other members of this team as well as members of other teams shall inform the organizers of the accident and do everything possible to promptly transport the injured person to the medical post or to a hospital.

15. Compulsory gear

The competition map and bib number provided by the organizers.

SI chip attached to competitor's wrist with a special wristband.

Mobile phone with a fully charged battery that ensures running for at least 24 hours with a functional SIM card; the phone number shall be indicated in the entry form. Emergency phone number provided by the organizers shall be stored in the phone memory.

Suitable clothing and footwear according to weather conditions.

Magnetic compass, a watch, a whistle.

Organizers' emergency phone numbers will be printed in the competition map.

16. Recommended gear

A lamp with power pack to ensure light throughout the night time period (at least 12 hours)

First aid kit

Survival blanket

Hydration system with at least 1.5L of water or sport drink

High- carbohydrate food

17. Recommendations and restrictions

While on course it is strictly forbidden to use any navigational aids (satellite navigation systems, altimeters, pedometers and other devices including the ones built into mobile phones or watches) with an exception of magnetic compass and normal watch.

While on course it is strictly forbidden to use any mobile communication devices or other radio receiving and transmitting equipment for the purpose of exchange of any information related to the competition with other teams or third persons. Life- and health-threatening situations are the only exception.

In case a participant finds non-operational, damaged or destroyed SI station at any checkpoint it is necessary to immediately report to the organizers.

18. Entries

Preliminary entries are to be made before August 20, 2019 by filling in the online registration form: <https://rogaining-ural.ru/entry>.

19. Entry fees

Expenses for organization, preparation and running of the competitions and awards for prizewinners are covered by sponsor support and entry fees paid by competitors.

Russian Rogaining Championships (24 hour rogaine). Entry fees for each participant

Date of on-line entry and	Before 21.07.2019	From 21.07.2019 to 20.08.2019	Entry fee paid after 20.08.2019 or entry at the event center
Women aged 21 to 55 years, men aged 21 to 60 years	2000 rubles	2500 rubles	3000 rubles
Competitors aged under 21 years, women aged 55 years or above, men aged 60 years or above	1500 rubles	2000 rubles	2500 rubles

Entry fees include the IRF levies to be paid by the Russian Rogaining Federation.

Please contact organizers to discuss return of entry fee.

SI chip rental is available for a price of 150 rubles.

A team's entry fee is equal to the sum of entry fees to be paid by all its members.

Entry fee covers participation in the competitions, a map and other materials distributed to each participant, hot meals during the rogaine and after finish.

The entry fees and SI chip rental costs shall be paid by bank transfer to the organizers' account or might be paid in cash during registration in the event center; entry fee amounts are indicated in the table above depending on the payment date.

Only cash payments will be accepted during registration in the competition center.

Any changes in entries including change of participants, change of the competition class or group can be made during registration for additional fee.

20. Awards

The winning teams in each age/gender category of the Russian Rogaining Championships gets the title of Russian Rogaining Champion 2019 and is awarded with medals, diplomas and commemorative prizes.

21. Contacts

Chief judge

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